

Representational form:	N	
Representation layout:	1	
Minimum Size:	1	
Maximum Size:		
Data Domain:	1	None
	2	Walking
	3	Gardening and yard work
	4	Other
	9	Unknown

Guide For Use: Information about walking is collected separately because it is the most prevalent physical activity reported in population surveys and is an important activity for health promotion and public health interventions.

Information on vigorous gardening and yard work is collected separately because they are commonly reported activities in physical activity surveys. However, due to the limited research regarding the validity of self-reported intensities of gardening and yard work, at this stage data on gardening and yard work are excluded from overall physical activity assessments.

Collection Methods: The recommended standard for collecting intensity information collects only leisure time physical activity, is questions 1, 3, 5, 7 in the Standard Questions on Leisure Time Physical Activity Participation Among Adults.

All questions on the Standard Questions on Leisure Time Physical Activity Participation Among Adults are answered based on self-report. This questionnaire asks respondents participation in physical activity during the previous week. The Standard Questions on Leisure Time Physical Activity Participation Among Adults are designed for individuals aged 18 years and over.

Currently, there is no Australian instrument that collects occupational physical activity.

The Expert Working Group for the Measurement of Physical Activity are currently developing an instrument suitable for the collection of occupational physical activity.

Related metadata: is used in conjunction with Physical activity version 0
 is used in conjunction with Physical activity - context version 0
 is used in conjunction with Physical activity - duration version 0
 is used in conjunction with Physical activity - frequency version 0

