

Episode of care—behaviour-related risk factor intervention purpose, code N

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Episode of care—behaviour-related risk factor intervention purpose, code N

Identifying and definitional attributes

Metadata item type:	Data Element
Short name:	Behaviour-related risk factor intervention - purpose
METEOR identifier:	270338
Registration status:	Health , Superseded 17/10/2018
Definition:	The behaviour-related risk factor(s) associated with an intervention(s), as represented by a code.
Data Element Concept:	Episode of care—behaviour-related risk factor intervention purpose
Value Domain:	Behavior-related risk factor code N

Value domain attributes

Representational attributes

Representation class:	Code
Data type:	Number
Format:	N
Maximum character length:	1

	Value	Meaning
Permissible values:	1	Smoking
	2	Nutrition
	3	Alcohol misuse
	4	Physical inactivity
	8	Other
Supplementary values:	9	Not stated/inadequately described

Data element attributes

Collection and usage attributes

Guide for use:	More than one code can be recorded.
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Source and reference attributes

Submitting organisation:	Cardiovascular Data Working Group
Origin:	Smoking, Nutrition, Alcohol, Physical Activity (SNAP) Framework - Commonwealth Department of Health and Ageing - June 2001. Australian Institute of Health and Welfare 2002. Chronic Diseases and associated risk factors in Australians, 2001; Canberra.

Relational attributes

Related metadata references:

Has been superseded by [Episode of care—behaviour-related risk factor requiring intervention, code N](#)

[Health](#), Standard 17/10/2018

Is re-engineered from  [Behaviour-related risk factor intervention - purpose, version 1, DE, NHDD, NHIMG, Superseded 01/03/2005.pdf](#) (19.5 KB)

No registration status

Implementation in Data Set Specifications: [Cardiovascular disease \(clinical\) DSS](#)
[Health](#), Superseded 15/02/2006

DSS specific information:

Behaviour-related risk factors include tobacco smoking, nutrition patterns that are high in saturated fats and excessive energy (calories /kilojoules) (National Heart Foundation of Australia - A review of the relationship between dietary fat and cardiovascular disease, AJND, 1999. 56 (Supp) S5-S22), alcohol misuse and physical inactivity.

The importance of behaviour-related risk factors in health has become increasingly relevant in recent times because chronic diseases have emerged as the principal threat to the health of Australians. Most of the chronic diseases have their roots in these risk-taking behaviours (Chronic Diseases and associated risk factors in Australians, 2001; AIHW 2002 Canberra).

Smoking, Nutrition, Alcohol, Physical Activity (SNAP) initiative:

SNAP Framework for General Practice is an initiative of the Joint Advisory Group (JAG) on General Practice and Population Health.

The lifestyle-related behavioural risk factors of smoking, poor nutrition (and associated overweight and obesity) and harmful and hazardous alcohol use and declining levels of physical activity have been identified as significant contributors to the burden of disease in Australia, and particularly towards the National Health Priority Areas (NHPAs) of diabetes, cardiovascular disease, some cancers, injury, mental health and asthma. The NHPAs represent about 70% of the burden of illness and injury in Australia. Substantial health gains could occur by public health interventions that address these contributory factors.

Around 86% of the Australian population attends a general practice at least once a year. There is therefore substantial opportunity for general practitioners to observe and influence the lifestyle risk behaviours of their patients. Many general practitioners already undertake risk factor management with their patients. There are also a number of initiatives within general practices, Divisions of General Practice, state/territory and Commonwealth Governments and peak non-government organisations aimed at reducing disease related to these four behavioural risk factors. Within the health system, there is potential for greater collaboration and integration of approaches for influencing risk factor behaviour based on system-wide roll-out of evidence-based best practice interventions.

The aim of the SNAP initiative is to reduce the health and socioeconomic impact of smoking, poor nutrition, harmful and hazardous alcohol use and physical inactivity on patients and the community through a systematic approach to behavioural interventions in primary care. This will provide an opportunity to make better use of evidence-based interventions and to ensure adoption of best practice initiatives widely through general practice.

[Cardiovascular disease \(clinical\) DSS](#)

[Health](#), Superseded 04/07/2007

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[Cardiovascular disease \(clinical\) DSS](#)
[Health](#), Superseded 22/12/2009

DSS specific information:

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[Cardiovascular disease \(clinical\) DSS](#)

[Health](#), Superseded 01/09/2012

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[Cardiovascular disease \(clinical\) NBPDS](#)

[Health](#), Superseded 17/10/2018

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