

# Episode of treatment for alcohol and other drugs— treatment type (main), code N

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# Episode of treatment for alcohol and other drugs—treatment type (main), code N

## Identifying and definitional attributes

<b>Metadata item type:</b>	Data Element
<b>Short name:</b>	Main treatment type for alcohol and other drugs
<b>METEOR identifier:</b>	270056
<b>Registration status:</b>	<a href="#">Health</a> , Superseded 12/12/2018
<b>Definition:</b>	The main activity determined at assessment by the treatment provider to treat the client's alcohol and/or drug problem for the principal drug of concern, as represented by a code.
<b>Data Element Concept:</b>	<a href="#">Episode of treatment for alcohol and other drugs—treatment type</a>
<b>Value Domain:</b>	<a href="#">Main treatment type for alcohol and other drugs code N</a>

## Value domain attributes

## Representational attributes

<b>Representation class:</b>	Code
<b>Data type:</b>	Number
<b>Format:</b>	N
<b>Maximum character length:</b>	1

	Value	Meaning
<b>Permissible values:</b>	1	Withdrawal management (detoxification)
	2	Counselling
	3	Rehabilitation
	4	Pharmacotherapy
	5	Support and case management only
	6	Information and education only
	7	Assessment only
	8	Other

## Collection and usage attributes

**Guide for use:****CODE 1    Withdrawal management (detoxification)**

This code refers to any form of withdrawal management, including medicated and non-medicated, in any delivery setting.

**CODE 2    Counselling**

This code refers to any method of individual or group counselling directed towards identified problems with alcohol and/or other drug use or dependency. This code excludes counselling activity that is part of a rehabilitation program as defined in Code 3.

**CODE 3    Rehabilitation**

This code refers to an intensive treatment program that integrates a range of services and therapeutic activities that may include counselling, behavioural treatment approaches, recreational activities, social and community living skills, group work and relapse prevention. Rehabilitation treatment can provide a high level of support (i.e. up to 24 hours a day) and tends towards a medium to longer-term duration. Rehabilitation activities can occur in residential or non-residential settings. Counselling that is included within an overall rehabilitation program should be coded to Code 3 for Rehabilitation, not to Code 2 as a separate treatment episode for counselling.

**CODE 4    Pharmacotherapy**

Refers to pharmacotherapies that include those used as maintenance therapies (e.g. naltrexone, buprenorphine, and methadone treatment) and those used as relapse prevention. Use Code 1 (withdrawal management) where a pharmacotherapy is used solely for withdrawal. Note collection exclusions: excludes treatment episodes for clients who are on an opioid pharmacotherapy maintenance program and are not receiving any other form of treatment.

**CODE 5    Support and case management only**

Refers to when there is no treatment provided to the client other than support and case management (e.g. treatment provided through youth alcohol and drug outreach services). This choice only applies where support and case management treatment is recorded as individual client data and the treatment activity is not included in any other category.

**CODE 6    Information and education only**

Refers to when there is no treatment provided to the client other than information and education. It is noted that, in general, service contacts would include a component of information and education.

**CODE 7    Assessment only**

Refers to when there is no treatment provided to the client other than assessment. It is noted that, in general, service contacts would include an assessment component.

## **Data element attributes**


## **Collection and usage attributes**

<b>Guide for use:</b>	Only one code to be selected.
	To be completed at assessment or commencement of treatment.
	<p>The main treatment type is the principal activity as judged by the treatment provider that is necessary for the completion of the treatment plan for the principal drug of concern. The main treatment type for alcohol and other drugs is the principal focus of a single treatment episode. Consequently, each treatment episode will only have one main treatment type.</p> <p>For brief interventions, the main treatment type may apply to as few as one contact between the client and agency staff.</p>
<b>Comments:</b>	Information about treatment provided is of fundamental importance to service delivery and planning.

## Source and reference attributes

<b>Submitting organisation:</b>	Intergovernmental Committee on Drugs National Minimum Data Set Working Group
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## Relational attributes

<b>Related metadata references:</b>	<p>Has been superseded by <a href="#">Episode of treatment for alcohol and other drugs—main treatment type, code N[N]</a>  <a href="#">Health</a>, Standard 12/12/2018</p> <p>Is re-engineered from  <a href="#">Main treatment type for alcohol and other drugs, version 1, DE, NHDD, NHIMG, Superseded 01/03/2005.pdf</a> (18.9 KB)  <i>No registration status</i></p>
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**Implementation in Data Set Specifications:**

[Alcohol and other drug treatment services NMDS](#)

[Health](#), Superseded 21/03/2006

**Implementation start date:** 01/07/2005

**Implementation end date:** 30/06/2006

[Alcohol and other drug treatment services NMDS](#)

[Health](#), Superseded 23/10/2006

**Implementation start date:** 01/07/2006

**Implementation end date:** 30/06/2007

[Alcohol and other drug treatment services NMDS 2007-08](#)

[Health](#), Superseded 05/02/2008

**Implementation start date:** 01/07/2007

**Implementation end date:** 30/06/2008

[Alcohol and other drug treatment services NMDS 2008-10](#)

[Health](#), Superseded 22/12/2009

**Implementation start date:** 01/07/2008

**Implementation end date:** 30/06/2010

[Alcohol and other drug treatment services NMDS 2010-11](#)

[Health](#), Superseded 24/12/2010

**Implementation start date:** 01/07/2010

**Implementation end date:** 30/06/2011

[Alcohol and other drug treatment services NMDS 2011-12](#)

[Health](#), Superseded 07/12/2011

**Implementation start date:** 01/07/2011

**Implementation end date:** 30/06/2012

[Alcohol and other drug treatment services NMDS 2012-13](#)

[Health](#), Superseded 07/02/2013

**Implementation start date:** 01/07/2012

**Implementation end date:** 30/06/2013

[Alcohol and other drug treatment services NMDS 2013-15](#)

[Health](#), Superseded 13/11/2014

**Implementation start date:** 01/07/2013

**Implementation end date:** 30/06/2015

[Alcohol and other drug treatment services NMDS 2015-18](#)

[Health](#), Superseded 06/09/2018

**Implementation start date:** 01/07/2015

**Implementation end date:** 30/06/2018

[Alcohol and other drug treatment services NMDS 2018-19](#)

[Health](#), Superseded 12/12/2018

**Implementation start date:** 01/07/2018

**Implementation end date:** 30/06/2019