

Adult—weight

Metadata item type: Data Element Concept
METEOR identifier: 269828
Registration status:

- [Health](#), Superseded 14/07/2005

Definition: The body mass of a person aged 18 years or older.

Context: Public health and health care:

Weight is an overall measure of body size that does not distinguish between fat and muscle. Weight is an indicator of nutritional and health status. Low pre-pregnancy weight is an indicator of poorer gestational outcome in women (Kramer 1988). Low weight is also associated with osteoporosis. In general, change in weight in adults is of interest because it is an indicator of changing health status, and in children as it indicates changing health status and growth and development. It enables the calculation of body mass index (BMI) which requires the measurement of height and weight for adults.

Object Class attributes

Identifying and definitional attributes

Object class: [Adult](#)
Definition: An individual aged 18 years or older.
Specialisation of: [Person/group of persons](#)

Source and reference attributes

Submitting organisation: Australia Institute of Health and Welfare

Property attributes

Identifying and definitional attributes

Property: [Weight](#)
Definition: A measurement of body mass.
Property group: [Physical characteristics](#)

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Data element concept attributes

Source and reference attributes

Submitting organisation: National Health Data Committee

Relational attributes

Related metadata references:

Has been superseded by [Person—weight](#)

- [ACT Health \(retired\)](#), Candidate 09/08/2018
- [Health](#), Standard 01/03/2005
- [Tasmanian Health](#), Standard 05/09/2016

Data Elements implementing this Data Element Concept:

[Adult—weight \(self-reported\), total kilograms NN\[N\]](#)

- [Health](#), Superseded 14/07/2005

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