

# Person—weight

Exported from METEOR (AIHW's Metadata Online Registry)

© Australian Institute of Health and Welfare 2024

This product, excluding the AIHW logo, Commonwealth Coat of Arms and any material owned by a third party or protected by a trademark, has been released under a Creative Commons BY 4.0 (CC BY 4.0) licence. Excluded material owned by third parties may include, for example, design and layout, images obtained under licence from third parties and signatures. We have made all reasonable efforts to identify and label material owned by third parties.

You may distribute, remix and build on this website's material but must attribute the AIHW as the copyright holder, in line with our attribution policy. The full terms and conditions of this licence are available at <https://creativecommons.org/licenses/by/4.0/>.

Enquiries relating to copyright should be addressed to [info@aihw.gov.au](mailto:info@aihw.gov.au).

Enquiries or comments on the METEOR metadata or download should be directed to the METEOR team at [meteor@aihw.gov.au](mailto:meteor@aihw.gov.au).

# Person—weight

## Identifying and definitional attributes

**Metadata item type:** Data Element Concept

**METEOR identifier:** 269672

**Registration status:** [Health](#), Standard 01/03/2005  
[Tasmanian Health](#), Standard 05/09/2016

**Definition:** The body mass of a person.

**Context:** Public health and health care:

Weight is an overall measure of body size that does not distinguish between fat and muscle. Weight is an indicator of nutrition status and health status. Low pre-pregnancy weight is an indicator of poorer gestational outcome in women (Kramer 1988). Low weight is also associated with osteoporosis. In general, change in weight is of interest in adults because it is an indicator of changing health status. Self reported or parentally reported weight for children and adolescents should be used cautiously if at all. It enables the calculation of body mass index which requires the measurement of height and weight (body mass) for adults.

## Object Class attributes

### Identifying and definitional attributes

**Object class:** [Person](#)

**Definition:** A human being.

### Collection and usage attributes

**Comments:** Prior to 13 March 2018, the definition of the 'Person' Object class was 'A human being, whether man, woman or child'. From 13 March 2018, the definition was edited by removing the words '...whether man, woman or child' so that a person is defined as 'A human being'. This amendment was undertaken to align the definition of a person with the *Australian Government Guidelines on the Recognition of Sex and Gender* and the Australian Bureau of Statistics (ABS) *Standard for Sex and Gender Variables*, which recognise that there are sex and gender types that are not exclusively male or female.

### Source and reference attributes

**Submitting organisation:** Australian Institute of Health and Welfare

**Origin:** Macquarie University 2003. *The Macquarie Dictionary 3rd ed.* Sydney: The Macquarie Library Pty. Ltd

**Reference documents:** Attorney-General's Department 2015. Australian Government Guidelines on the Recognition of Sex and Gender. Viewed 26 July 2016, <https://www.ag.gov.au/Publications/Pages/AustralianGovernmentGuidelinesontheRecognitionofSexandGender.aspx>

ABS (Australian Bureau of Statistics) 2016. Standard for Sex and Gender Variables, 2016. ABS Cat. no. 1200.0.55.012. Canberra: ABS. Viewed 26 July 2016, <http://abs.gov.au/AUSSTATS/abs@.nsf/Lookup/1200.0.55.012Main+Features12016?OpenDocument>

## Property attributes

### Identifying and definitional attributes

Property: [Weight](#)

Definition: A measurement of body mass.

Property group: [Physical characteristics](#)

## Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

## Data element concept attributes

### Relational attributes

Related metadata references: Supersedes [Adult—weight](#)  
[Health](#), Superseded 14/07/2005

Data Elements implementing this Data Element Concept: [Person—weight \(measured\), total grams NNNN](#)  
[Health](#), Standard 01/03/2005  
[Tasmanian Health](#), Standard 05/09/2016

[Person—weight \(measured\), total kilograms N\[NN\].N](#)  
[Health](#), Superseded 12/12/2018

[Person—weight \(measured\), total kilograms N\[NN\].N](#)  
[Health](#), Standard 12/12/2018  
[Tasmanian Health](#), Standard 24/03/2023

[Person—weight \(self-reported\), total kilograms NN\[N\]](#)  
[Health](#), Standard 14/07/2005  
[Tasmanian Health](#), Standard 20/12/2016