

Person—physical activity sufficiency status

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Person—physical activity sufficiency status

Identifying and definitional attributes

Metadata item type:	Data Element Concept
METEOR identifier:	269525
Registration status:	Health , Standard 01/03/2005
Definition:	Sufficiency of moderate or vigorous physical activity to confer a health benefit.
Context:	Public health, health care and clinical setting: To monitor health risk factors for national health priority areas and other chronic diseases.

Object Class attributes

Identifying and definitional attributes

Object class:	Person
Definition:	A human being.

Collection and usage attributes

Comments:	Prior to 13 March 2018, the definition of the 'Person' Object class was 'A human being, whether man, woman or child'. From 13 March 2018, the definition was edited by removing the words '...whether man, woman or child' so that a person is defined as 'A human being'. This amendment was undertaken to align the definition of a person with the <i>Australian Government Guidelines on the Recognition of Sex and Gender</i> and the Australian Bureau of Statistics (ABS) <i>Standard for Sex and Gender Variables</i> , which recognise that there are sex and gender types that are not exclusively male or female.
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Source and reference attributes

Submitting organisation:	Australian Institute of Health and Welfare
Origin:	Macquarie University 2003. <i>The Macquarie Dictionary 3rd ed.</i> Sydney: The Macquarie Library Pty. Ltd
Reference documents:	Attorney-General's Department 2015. Australian Government Guidelines on the Recognition of Sex and Gender. Viewed 26 July 2016, https://www.ag.gov.au/Publications/Pages/AustralianGovernmentGuidelinesontheRecognitionofSexandGender.aspx ABS (Australian Bureau of Statistics) 2016. Standard for Sex and Gender Variables, 2016. ABS Cat. no. 1200.0.55.012. Canberra: ABS. Viewed 26 July 2016, http://abs.gov.au/AUSSTATS/abs@.nsf/Lookup/1200.0.55.012Main+Features12016?OpenDocument

Property attributes

Identifying and definitional attributes

Property:	Physical activity sufficiency status
Definition:	An indicator of whether a level of activity is sufficiently vigorous to confer a health benefit.
Property group:	Lifestyle characteristics

Source and reference attributes

Submitting organisation: Australian Institute of Health and Welfare

Data element concept attributes

Relational attributes

**Data Elements
implementing this Data
Element Concept:**

[Person—physical activity sufficiency status, code N](#)
[Health](#), Standard 01/03/2005