Person—physical activity sufficiency status

Exported from METEOR

(AIHW's Metadata Online Registry)

© Australian Institute of Health and Welfare 2024

This product, excluding the AIHW logo, Commonwealth Coat of Arms and any material owned by a third party or protected by a trademark, has been released under a Creative Commons BY 4.0 (CC BY 4.0) licence. Excluded material owned by third parties may include, for example, design and layout, images obtained under licence from third parties and signatures. We have made all reasonable efforts to identify and label material owned by third parties.

You may distribute, remix and build on this website’s material but must attribute the AIHW as the copyright holder, in line with our attribution policy. The full terms and conditions of this licence are available at https://creativecommons.org/licenses/by/4.0/.

Enquiries relating to copyright should be addressed to info@aihw.gov.au.

Enquiries or comments on the METEOR metadata or download should be directed to the METEOR team at meteor@aihw.gov.au.

# Person—physical activity sufficiency status

|  |  |
| --- | --- |
| Identifying and definitional attributes | |
| Metadata item type: | Data Element Concept |
| METEOR identifier: | 269525 |
| Registration status: | [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 01/03/2005 |
| Definition: | Sufficiency of moderate or vigorous physical activity to confer a health benefit. |
| Context: | Public health, health care and clinical setting:  To monitor health risk factors for national health priority areas and other chronic diseases. |

## Object Class attributes

### Identifying and definitional attributes

|  |  |
| --- | --- |
| Object class: | [Person](https://meteor.aihw.gov.au/content/268955) |
| METEOR identifier: | 268955 |
| Registration status: | [Aged Care](https://meteor.aihw.gov.au/RegistrationAuthority/19), Standard 30/06/2023  [Australian Institute of Health and Welfare](https://meteor.aihw.gov.au/RegistrationAuthority/24), Qualified 17/01/2024  [Australian Teacher Workforce Data Oversight Board](https://meteor.aihw.gov.au/RegistrationAuthority/23), Standard 30/08/2022  [Children and Families](https://meteor.aihw.gov.au/RegistrationAuthority/17), Standard 22/11/2016  [Commonwealth Department of Health](https://meteor.aihw.gov.au/RegistrationAuthority/10), Retired 19/10/2023  [Commonwealth Department of Social Services (retired)](https://meteor.aihw.gov.au/RegistrationAuthority/7), Standard 20/06/2018  [Community Services (retired)](https://meteor.aihw.gov.au/RegistrationAuthority/1), Standard 01/03/2005  [Disability](https://meteor.aihw.gov.au/RegistrationAuthority/16), Standard 07/10/2014  [Early Childhood](https://meteor.aihw.gov.au/RegistrationAuthority/13), Standard 21/05/2010  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 01/03/2005  [Homelessness](https://meteor.aihw.gov.au/RegistrationAuthority/14), Standard 23/08/2010  [Housing assistance](https://meteor.aihw.gov.au/RegistrationAuthority/11), Standard 01/03/2005  [Independent Hospital Pricing Authority](https://meteor.aihw.gov.au/RegistrationAuthority/3), Standard 01/11/2012  [Indigenous](https://meteor.aihw.gov.au/RegistrationAuthority/6), Standard 11/08/2014  [National Health Performance Authority (retired)](https://meteor.aihw.gov.au/RegistrationAuthority/8), Retired 01/07/2016  [Tasmanian Health](https://meteor.aihw.gov.au/RegistrationAuthority/15), Standard 31/08/2016  [WA Health](https://meteor.aihw.gov.au/RegistrationAuthority/2), Standard 06/03/2014  [Youth Justice](https://meteor.aihw.gov.au/RegistrationAuthority/4), Standard 15/02/2022 |
| Definition: | A human being. |
| Collection and usage attributes | |
| Comments: | Prior to 13 March 2018, the definition of the ‘Person’ Object class was ‘A human being, whether man, woman or child’. From 13 March 2018, the definition was edited by removing the words ‘…whether man, woman or child’ so that a person is defined as ‘A human being’. This amendment was undertaken to align the definition of a person with the *Australian Government Guidelines on the Recognition of Sex and Gender* and the Australian Bureau of Statistics (ABS) *Standard for Sex and Gender Variables*, which recognise that there are sex and gender types that are not exclusively male or female. |
| Source and reference attributes | |
| Submitting organisation: | Australian Institute of Health and Welfare |
| Origin: | Macquarie University 2003. *The Macquarie Dictionary 3rd ed.* Sydney: The Macquarie Library Pty. Ltd |
| Reference documents: | Attorney-General's Department 2015. Australian Government Guidelines on the Recognition of Sex and Gender. Viewed 26 July 2016, [https://www.ag.gov.au/Publications/Pages/ AustralianGovernmentGuidelines ontheRecognitionofSexandGender.aspx](https://www.ag.gov.au/Publications/Pages/AustralianGovernmentGuidelinesontheRecognitionofSexandGender.aspx)  ABS (Australian Bureau of Statistics) 2016. Standard for Sex and Gender Variables, 2016. ABS Cat. no. 1200.0.55.012. Canberra: ABS. Viewed 26 July 2016, [http://abs.gov.au/AUSSTATS/abs@.nsf/ Lookup/1200.0.55.012 Main+Features12016?OpenDocument](http://abs.gov.au/AUSSTATS/abs@.nsf/Lookup/1200.0.55.012Main+Features12016?OpenDocument) |

## Property attributes

### Identifying and definitional attributes

|  |  |
| --- | --- |
| Property: | [Physical activity sufficiency status](https://meteor.aihw.gov.au/content/269095) |
| METEOR identifier: | 269095 |
| Registration status: | [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 01/03/2005 |
| Definition: | An indicator of whether a level of activity is sufficiently vigorous to confer a health benefit. |
| Property group: | [Lifestyle characteristics](https://meteor.aihw.gov.au/content/274652) |
| Source and reference attributes | |
| Submitting organisation: | Australian Institute of Health and Welfare |

## Data element concept attributes

### Relational attributes



|  |  |
| --- | --- |
| Data Elements implementing this Data Element Concept: | [Person—physical activity sufficiency status, code N](https://meteor.aihw.gov.au/content/270054)  [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 01/03/2005 |