

# Person—physical activity sufficiency status

<b>Metadata item type:</b>	Data Element Concept
<b>METEOR identifier:</b>	269525
<b>Registration status:</b>	<ul style="list-style-type: none"><li>• <a href="#">Health</a>, Standard 01/03/2005</li></ul>
<b>Definition:</b>	Sufficiency of moderate or vigorous physical activity to confer a health benefit.
<b>Context:</b>	Public health, health care and clinical setting:  To monitor health risk factors for national health priority areas and other chronic diseases.

## Object Class attributes

### Identifying and definitional attributes

<b>Object class:</b>	<a href="#">Person</a>
<b>METEOR identifier:</b>	268955
<b>Registration status:</b>	<ul style="list-style-type: none"><li>• <a href="#">ACT Health (retired)</a>, Candidate 19/07/2018</li><li>• <a href="#">Australian Teacher Workforce Data Oversight Board</a>, Recorded 24/08/2022</li><li>• <a href="#">Children and Families</a>, Standard 22/11/2016</li><li>• <a href="#">Commonwealth Department of Health</a>, Standard 14/10/2015</li><li>• <a href="#">Commonwealth Department of Social Services (retired)</a>, Standard 20/06/2018</li><li>• <a href="#">Community Services (retired)</a>, Standard 01/03/2005</li><li>• <a href="#">Disability</a>, Standard 07/10/2014</li><li>• <a href="#">Early Childhood</a>, Standard 21/05/2010</li><li>• <a href="#">Health</a>, Standard 01/03/2005</li><li>• <a href="#">Homelessness</a>, Standard 23/08/2010</li><li>• <a href="#">Housing assistance</a>, Standard 01/03/2005</li><li>• <a href="#">Independent Hospital Pricing Authority</a>, Standard 01/11/2012</li><li>• <a href="#">Indigenous</a>, Standard 11/08/2014</li><li>• <a href="#">National Health Performance Authority (retired)</a>, Retired 01/07/2016</li><li>• <a href="#">Tasmanian Health</a>, Standard 31/08/2016</li><li>• <a href="#">WA Health</a>, Standard 06/03/2014</li><li>• <a href="#">Youth Justice</a>, Standard 15/02/2022</li></ul>

**Definition:** A human being.

### Collection and usage attributes

**Comments:** Prior to 13 March 2018, the definition of the 'Person' Object class was 'A human being, whether man, woman or child'. From 13 March 2018, the definition was edited by removing the words '...whether man, woman or child' so that a person is defined as 'A human being'. This amendment was undertaken to align the definition of a person with the *Australian Government Guidelines on the Recognition of Sex and Gender* and the Australian Bureau of Statistics (ABS) *Standard for Sex and Gender Variables*, which recognise that there are sex and gender types that are not exclusively male or female.

### Source and reference attributes

**Origin:** Macquarie University 2003. *The Macquarie Dictionary 3rd ed.* Sydney: The Macquarie Library Pty. Ltd

**Reference documents:** Attorney-General's Department 2015. Australian Government Guidelines on the Recognition of Sex and Gender. Viewed 26 July 2016, <https://www.ag.gov.au/Publications/Pages/AustralianGovernmentGuidelinesontheRecognitionofSexandGender.aspx>

ABS (Australian Bureau of Statistics) 2016. Standard for Sex and Gender Variables, 2016. ABS Cat. no. 1200.0.55.012. Canberra: ABS. Viewed 26 July 2016, <http://abs.gov.au/AUSSTATS/abs@.nsf/Lookup/1200.0.55.012Main+Features12016?OpenDocument>

## Property attributes

### Identifying and definitional attributes

**Property:** [Physical activity sufficiency status](#)

**METEOR identifier:** 269095

**Registration status:**

- [Health](#), Standard 01/03/2005

**Definition:** An indicator of whether a level of activity is sufficiently vigorous to confer a health benefit.

**Property group:** [Lifestyle characteristics](#)

### Source and reference attributes

**Submitting organisation:** Australian Institute of Health and Welfare

## Data element concept attributes

### Relational attributes

**Data Elements implementing this Data Element Concept:** [Person—physical activity sufficiency status, code N](#)

- [Health](#), Standard 01/03/2005

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