Physical activity sufficiency status

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# Physical activity sufficiency status

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| Identifying and definitional attributes |
| Metadata item type: | Property |
| METEOR identifier: | 269095 |
| Registration status: | [Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 01/03/2005 |
| Definition: | An indicator of whether a level of activity is sufficiently vigorous to confer a health benefit. |
| Property group: | [Lifestyle characteristics](https://meteor.aihw.gov.au/content/274652) |

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| Source and reference attributes |
| Submitting organisation: | Australian Institute of Health and Welfare |
| Relational attributes |
| Data Element Concepts implementing this property: | [Person—physical activity sufficiency status](https://meteor.aihw.gov.au/content/269525)[Health](https://meteor.aihw.gov.au/RegistrationAuthority/12), Standard 01/03/2005 |