

# Physical activity sufficiency status

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## Identifying and definitional attributes

<b>Metadata item type:</b>	Property
<b>METEOR identifier:</b>	269095
<b>Registration status:</b>	<a href="#">Health</a> , Standard 01/03/2005
<b>Definition:</b>	An indicator of whether a level of activity is sufficiently vigorous to confer a health benefit.
<b>Property group:</b>	<a href="#">Lifestyle characteristics</a>

## Source and reference attributes

**Submitting organisation:** Australian Institute of Health and Welfare

## Relational attributes

**Data Element Concepts implementing this property:** [Person—physical activity sufficiency status](#)  
[Health](#), Standard 01/03/2005