Osteoarthritis of the knee clinical care standard indicators: 6c-Proportion of patients with knee osteoarthritis who have documented pain level reduction of at least 20%, 12 months after initiation or change of treatment



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# Osteoarthritis of the knee clinical care standard indicators: 6c-Proportion of patients with knee osteoarthritis who have documented pain level reduction of at least 20%, 12 months after initiation or change of treatment

### Identifying and definitional attributes

Metadata item type: Indicator Indicator type: Indicator

**Short name:** Indicator 6c-Proportion of patients with knee osteoarthritis who have documented

pain level reduction of at least 20%, 12 months after initiation or change of

treatment

METEOR identifier: 644316

Registration status: Health, Standard 02/08/2017

**Description:** Proportion of patients with knee <u>osteoarthritis</u> who have documented pain level

reduction by at least 20%, 12 months after initiation or change of pharmacological

and/or non-pharmacological treatment.

Rationale: Osteoarthritic pain contributes to functional limitations which in turn

inhibit participation in work, leisure and social activities (Neogi 2013). Effective

pain management is a key goal of osteoarthritis care.

Indicator set: Clinical care standard indicators: osteoarthritis of the knee

Health, Standard 02/08/2017

## Collection and usage attributes

Population group age

from:

45 years

Computation description:

Pain level reduction should be measured using a clinically validated tool (Neogi 2013). Providers of care to patients with knee osteoarthritis can use a local tool, but need to ensure that the same tool is used with the same patients at different time points to measure change in pain. The results of the assessment should be documented in the patient's clinical notes maintained by the practice (paper or electronic).

The 12-month time period is an approximation, and can mean between 11 and 13 months inclusive.

'Documented' in the phrase 'documented initiation or change of pharmacological and/or non-pharmacological treatment' means that the patient's treatment plan is entered into the patient's clinical notes maintained by the practice (paper or electronic). 'Change' within the same phrase means that a previous plan has been updated with a new plan, and this will provide a new measure of the patient's level of pain which will be compared with that taken 12 months later.

Presented as a percentage.

**Computation:** (Numerator ÷ denominator) x 100

**Numerator:** Number of patients with knee osteoarthritis who have a documented reduction in

their level of pain by at least 20% at 12 months after documented initiation or

change of pharmacological and/or non-pharmacological treatment.

**Denominator:** Number of patients with knee osteoarthritis with documented initiation or change of

pharmacological and/or non-pharmacological treatment.

Comments: Note that health services may not necessarily achieve 100% for this indicator, even

when providing appropriate treatment, as there may be patients whose pain levels do not improve despite appropriate clinical intervention. For the patients that do not achieve at least 20% reduction in their pain level 12 months after initiation

or change of pharmacological and/or non-pharmacological treatment (i.e. those excluded from the numerator), this indicator should be used to review whether the interventions for these patients were appropriate, and to monitor the health service's effectiveness in reducing patients' pain associated with osteoarthritis of

the knee over time.

# Representational attributes

Representation class: Percentage

Data type: Real

Unit of measure: Service event

Format: N[NN]

### **Accountability attributes**

Other issues caveats: Applicable setting: all healthcare settings where care is provided to patients with

knee osteoarthritis, including primary care, specialist care, hospitals and

community settings.

### Source and reference attributes

Submitting organisation: Australian Commission on Safety and Quality in Health Care

**Reference documents:** Neogi T 2013. The Epidemiology and Impact of Pain in Osteoarthritis.

Osteoarthritis and cartilage / OARS, Osteoarthritis Research Society 21(9): 1145-

1153.