

# Adult—weight

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# Adult—weight

## Identifying and definitional attributes

**Metadata item type:** Data Element Concept

**METEOR identifier:** 269828

**Registration status:** [Health](#), Superseded 14/07/2005

**Definition:** The body mass of a person aged 18 years or older.

**Context:** Public health and health care:

Weight is an overall measure of body size that does not distinguish between fat and muscle. Weight is an indicator of nutritional and health status. Low pre-pregnancy weight is an indicator of poorer gestational outcome in women (Kramer 1988). Low weight is also associated with osteoporosis. In general, change in weight in adults is of interest because it is an indicator of changing health status, and in children as it indicates changing health status and growth and development. It enables the calculation of body mass index (BMI) which requires the measurement of height and weight for adults.

## Object Class attributes

### Identifying and definitional attributes

**Object class:** [Adult](#)

**Definition:** An individual aged 18 years or older.

**Specialisation of:** [Person/group of persons](#)

### Source and reference attributes

**Submitting organisation:** Australia Institute of Health and Welfare

## Property attributes

### Identifying and definitional attributes

**Property:** [Weight](#)

**Definition:** A measurement of body mass.

**Property group:** [Physical characteristics](#)

### Source and reference attributes

**Submitting organisation:** Australian Institute of Health and Welfare

## Data element concept attributes

### Source and reference attributes

**Submitting organisation:** National Health Data Committee

## Relational attributes

**Related metadata references:** Has been superseded by [Person—weight](#)  
[Health](#), Standard 01/03/2005  
[Tasmanian Health](#), Standard 05/09/2016

**Data Elements  
implementing this Data  
Element Concept:**

[Adult—weight \(self-reported\), total kilograms NN\[N\]  
Health](#), Superseded 14/07/2005